

# MICAELA

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*[ Micaela's paintings evoke a peaceful, calming, and emotional response. ]*

Bio:

Micaela Pretorius (b. 1995) grew up in Plettenberg Bay, South Africa. In 2015, Micaela studied photography in Cape Town, thereafter completing a short course in Videography with Orms.

Micaela grew up in the interior decorating world through her parents' business, Bay Decor.

Micaela - a Plett and Cape Town-based photographer, film maker and artist - is known for her impressionistic yet modern acrylic paintings that capture her personal experiences with a jovial poise. Her soft, delicate palette is complemented by the occasional bright spark of colour. The artists's aesthetic choices are intuitive rather than pre-decided.

Through her gestural brushstrokes, Micaela's paintings evoke a peaceful, calming, and emotional response. Her style is nuanced by a variety of inspirations, including scenery from Plettenberg Bay.

The personal edge that Micaela brings to each painting changes and enhances recognisable subject matter, cultivating an imaginative, visual experience for the viewer.





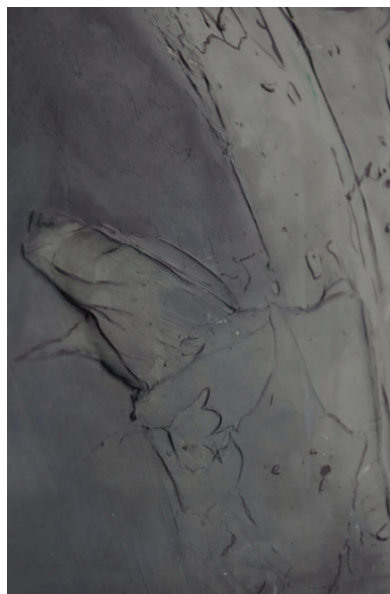


Micaela

*"A Stroke Of Hope"*

Green represents abundance, renewal, growth and nature. It is a harmonising, balancing and calming colour. Green is a healing colour that gives healing energy to the heart.

Mixed Media on Canvas, Framed  
124cm x 94cm





***'Behind The Curtain'***

Micaela  
80cm x 65cm  
Mixed Media, Framed  
2023

***'Stepping Into Your Power'*** by Micaela '23

The concept of stepping into one's power started to come into play in my life around February last year. What did that mean for me, what did that look like for me.

It looked like having an honest conversation with myself. Making peace with parts of myself I did not want to see.

Realising that it is okay to acknowledge the addictiveness of toxic love, and is okay to start accepting healthy love. From yourself & others.

Stepping into your power can feel like this beautiful, painful, peaceful & chaotic journey.

Dark maroon - a color symbolic of passion, love - a color that has rarely graced my canvas over the years. The color was like a surge, an energy that had to be released. I was falling in love.

The shedding of blood, shedding of one's self - forever changing. She who holds the power. I chose it to remember stepping into my sexuality and being proud of who I am.

Stepping into your power can mean anything. Whether it's to do with your career, self-discovery, creating boundaries, being a queer woman - it is unique for all of us.

The two strokes, a common symbol in my works, which represents two souls from one. Now having complete freedom of movement through life's journey. Not leaving your old self behind, but rather restoring the pieces that you have lost and allowing ones self to heal from life's learnings

The rivers we have swam, the people we have been, have moulded us to who we are today. And rather than forgetting that, we embrace it.

What does stepping into your power look like for you?

***'Stepping Into Your Power' - Micaela '23***

*Micaela's solo show will be up from the 1st June - 31st July 2023*

*Ground Art Cafe, De Waterkant, Cape Town.*







***'Stepping Into Your Power'***

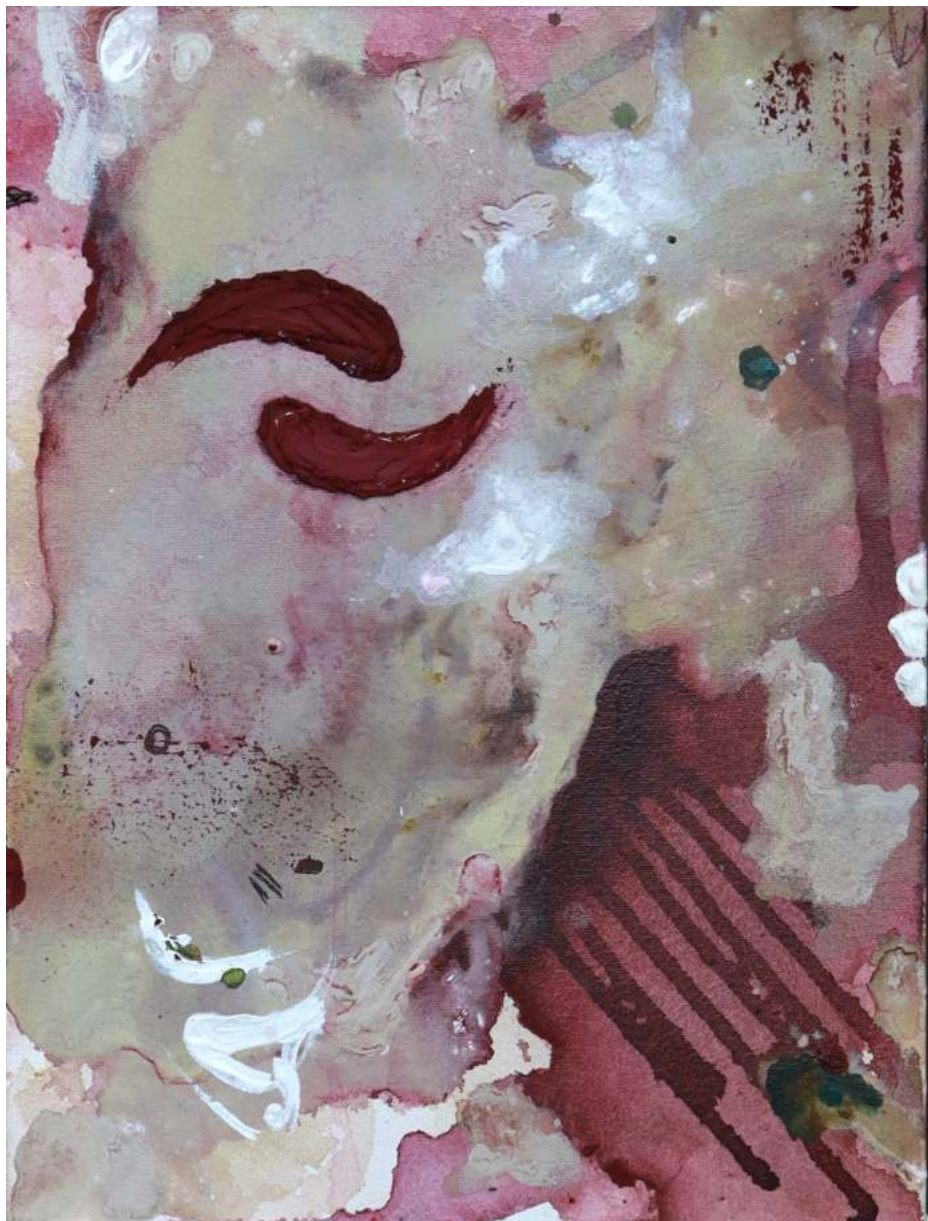
*Micaela*  
90cm x 70cm  
Mixed Media, Framed  
2023



***'Discovering'***

*Micaela*  
30cm x 40cm  
Mixed Media, Framed  
2023





***'Shedding'***

*Micaela*  
30cm x 40cm  
Mixed Media, Framed  
2023

### ***‘The Rebirth’ Photography Series***

Now having complete freedom of movement through life’s journey. Not leaving your old self behind, but rather restoring the peace that you have lost and allowing yourself to heal from life’s pains.

The rivers we have swam, the people we have been, have moulded us to who we are today.

This piece is a symbol of the good times ahead. Good luck, independence and transformation that has already started to take place.

The Rebirth of ones soul. Prosperity and abundance of happiness to come.

Stroke of paint representing the new season, the rebirth of your life being near. Turning a blind eye, not ready for it. To it being right in-front of you, then finally it happens. It all coming together in the most unexplainable and unimaginable way.

The Rebirth, releasing what God/the universe intended for you.

(Left) *The Rebirth Photography series I*, Unique digital print on Perspex, 60 x 85cm, 2021.

(Middle) *The Rebirth Photography series II*, Unique digital print on Perspex, 60 x 85cm, 2021.

(Right) *The Rebirth Photography series III*, Unique digital print on Perspex, 60 x 85cm, 2021.

Edition 1/3



Micaela

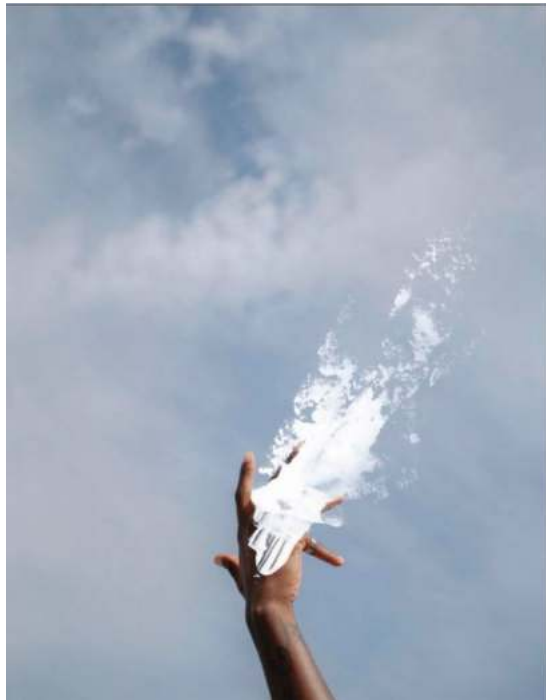


***Freedom Of Movement***

100cm X 200cm

Mixed Media On Canvas Framed

# Micaela



60cm x 85cm  
Image On Perspex







MICAELA.

'LIFE'S LAYERS'

2021

MIXED MEDIA ON CANVAS

94 x 140 cm



## **'A Love Letter To My Home'**

Micaela  
Mixed Media on Canvas  
2m x 1m  
2022



### Artist Statement:

#### **'A Love Letter To My Home'**

Home - What is home? What does that mean? What does that look like? What does that feel like? What does that sound like?

This place we've all gathered to. To me, it feels, and sounds like 'blue'.  
The sound of the ocean waves crashing at night. They feel warm, they feel safe.  
Home, to me, feels like listening to the rain wrapped up in a blanket. A blanket I will take with me everywhere I go until I find my new home. Maybe home is inside of me?

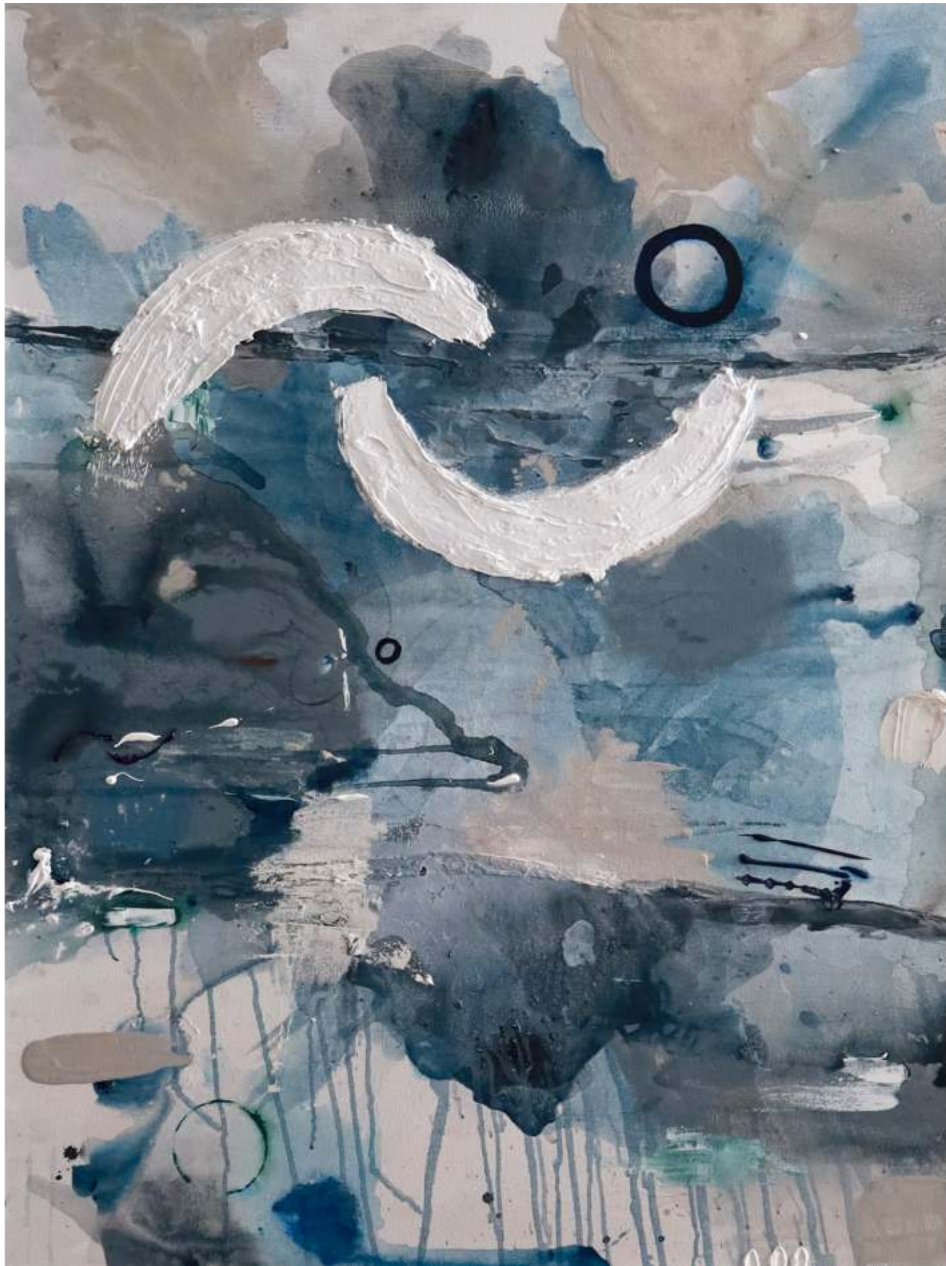
I created this piece to say goodbye to Plett, for now, until I return again.  
To remind you of your blue blanket, blanket of safety - in the uncertainty.

We all take a piece of 'home' wherever we go. It is inside of us. Take a deep breathe in, now out.  
Drop your shoulders, imagine the sound of those waves crashing, the feeling of that rain on your skin.

You're home.







***'Blue Orchestra'***

90cm x 120cm  
Mixed Media On Canvas  
2022

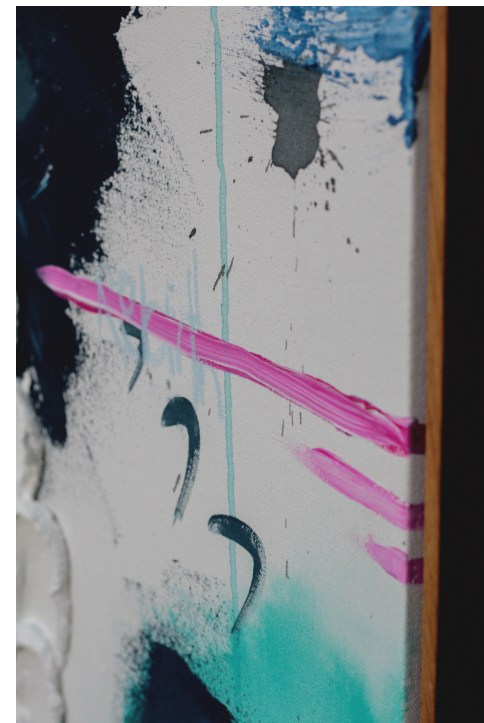




***'Arranging The Noise'***

98 x 98cm  
Mixed Media on Canvas  
2022



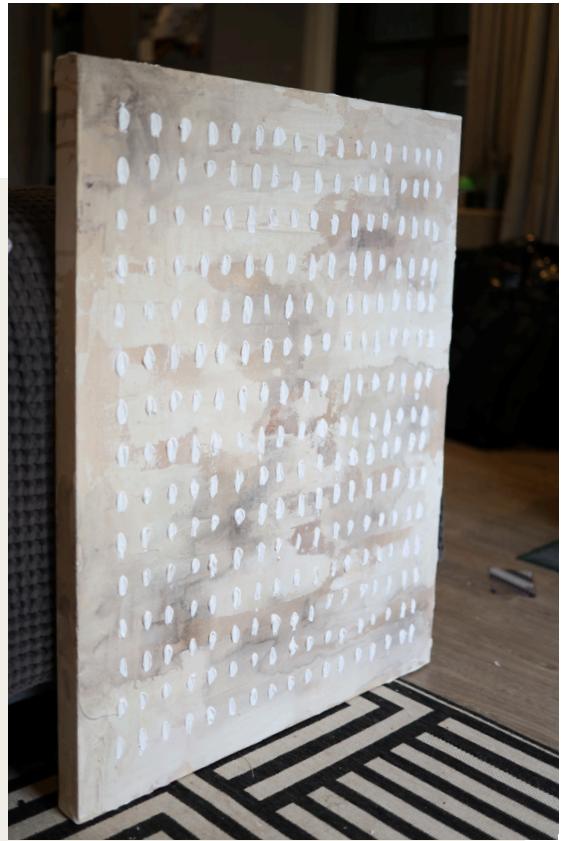


**Micaela**

**‘Amour Amongst The Choas’ - The Rebirth Series ’21**

Mixed Media On Canvas  
123 x 153cm



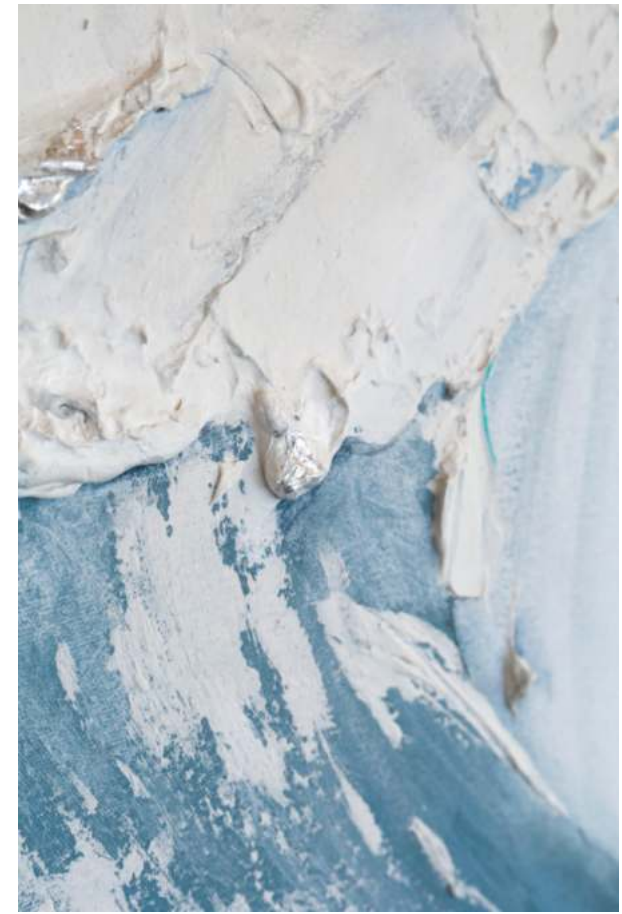


**'LIKE NO OTHER'**  
MICAELA  
90CM X 70CM  
MIXED MEDIA



**'SMOTHERED'**  
MICAELA  
90CM X 70CM  
MIXED MEDIA



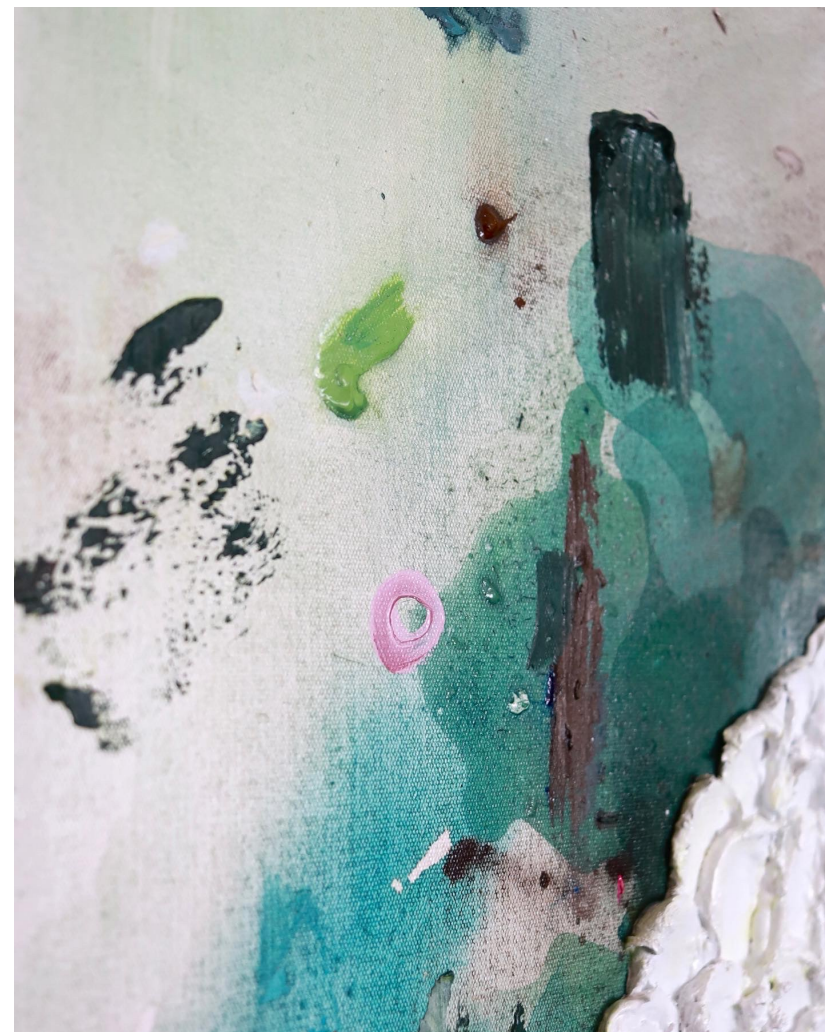


**Micaela**

***The Rebirth***  
2021

Mixed Media On Canvas  
200 x 200cm  
SOLD





***'Green Envy' - Armour Amongst The Chaos  
series***

Mixed Media On Canvas, Framed  
90cm x 70cm  
2022





***'Chromatic Flamingo'***  
2020

120 x 170cm  
Mixed Media on Canvas



**'Lemonade' & 'Lemon Squeeze'**

*Micaela*

40cm x 40cm each  
Mixed Media, Framed

2023







*'Orange Juice'*

65cm x 80cm

Mixed Media on Canvas

2024



***'A Piece Of Your Blanket'***

Micaela  
65cm x 70cm (in total)  
Mixed Media on Canvas  
2024



Micaela

Mixed Media on canvas  
130 x 170cm  
2023





***Fruitful***

*Micaela*  
Mixed Media on Canvas - Framed  
2021  
93 x 93cm



